

PRENATAL CARE GUIDELINE

Weeks	Where?	Examinations	Details	Appointment
first meeting		Pregnancy diagnosis, vaginal ultrasound screening, medical consultation	Fill medical history form, survey of risk factors, briefing documents of pregnancy, cervix cytology as required, colposcopic examination	Dr. Kiarash Bahrehmand: +36 70 366 4169 (9-16h)
9 weeks		Prenatal care	Counseling, proposal for the I. trimester laboratory test, visiting a nurse	Dr. Kiarash Bahrehmand: +36 70 366 4169 (9-16h) / Laboratory based on discussion: +36 70 625 7975
12 weeks		First trimester genetic ultrasound	First trimester extended screening, counseling of the genetic NIPT (Down-syndrome, Edwards-syndrome and Patau-syndrome risk assessment blood test) test and blood test on demand	Dr. László Molnár Clinical geneticist: genetika@villamedicina.hu
16 weeks		Prenatal care, ultrasound screening	Counseling, ultrasound examination, determining the sex of the fetus, filling in the pregnancy care booklet, Evaluation of I. trimester laboratory tests	Dr. Kiarash Bahrehmand: +36 70 366 4169 (9-16h)
19-24 weeks		Second trimester genetic ultrasound	Second trimester anatomical ultrasound screening and counseling	Dr. László Molnár Clinical geneticist: genetika@villamedicina.hu
24 weeks		Prenatal care, ultrasound screening	Counseling, ultrasound examination, recommendation of the OGTT (75g glucose load) and the II. for a trimester laboratory test, filling out an antenatal care booklet	Dr. Kiarash Bahrehmand: +36 70 366 4169 (9-16h) / Laboratory: +36 70 625 7975
27 weeks		Prenatal care, ultrasound screening	Ultrasound screening and counseling, interpretation of the glucose tolerance test and the Second trimester laboratory test, filling out the pregnancy booklet	Dr. Kiarash Bahrehmand: +36 70 366 4169 (9-16h)
26-33 weeks		Baby sonography	Baby cinema ultrasound screening	Beatrix Mándi: ONLINE booking
30-32 weeks		Third trimester genetic ultrasound, prenatal care	Third trimester status screening, counseling, filling out a pregnancy care booklet, ultrasound examination	Dr. László Molnár Clinical geneticist: genetika@villamedicina.hu
34 weeks		Prenatal care, ultrasound screening	Ultrasound screening and counseling, filling out the prenatal booklet, GBS and laboratory test of the Third	Dr. Kiarash Bahrehmand: +36 70 366 4169 (9-16h)

			trimester recommended	
36 weeks		Prenatal care, ultrasound screening	Counseling, ultrasound examination, evaluation of laboratory tests, filling out the pregnancy care booklet, Cardiography examination	Dr. Kiarash Bahrehmand: +36 70 366 4169 (9-16h) Cardiotocography: +36 70 625 7975
37 weeks		Cardiotocography	CTG	Cardiotocography: +36 70 625 7975
38 weeks		Prenatal care, ultrasound screening, cardiotocography	Counseling, filling out the prenatal booklet	Dr. Kiarash Bahrehmand: +36 70 366 4169 (9-16h) Cardiotocography: +36 70 625 7975
39 weeks		Prenatal care, ultrasound screening, cardiotocography	Counseling, cervical examination (usually ultrasound examination)	Dr. Kiarash Bahrehmand: +36 70 366 4169 (9-16h) Cardiotocography: +36 70 625 7975
40 weeks		Cardiotocography, ultrasound examination and cervix screening as needed, counseling	Cardiotocography, ultrasound examination as required, counseling	Dr. Kiarash Bahrehmand: +36 70 366 4169 (9-16h) Cardiotocography: +36 70 625 7975
40-41 weeks		CTG every second day from the 40th week of pregnancy	-	Cardiotocography: +36 70 625 7975
41 weeks		Hospital admission, Childbirth	Optional	Previous booking required
postpartum 6 weeks		Postpartum check up, cervix and perineal muscle screening, ultrasound examination, counseling	Contraceptive counseling, cervical cytology as required	Dr. Kiarash Bahrehmand: +36 70 366 4169 (9-16h)